

Wind	V1 (Caps)	D1 (Lowers)	Headstay turns from 0
Base Setting	1050	950	15
Light (0-7)	450	250	10
Medium (8-12)	1050	950	15
Medium/Heavy (13-17)	1600	1600	20
Heavy (18+)	2000-2200	2000-2200	20-30

Pt2 Loose gauge All Turns are from "Base Setting".