



SAILING INSTRUCTIONS

2009 J/30 Class NORTH AMERICAN CHAMPIONSHIP

Organized by

**Cedar Point Yacht Club, District Four – Long Island Sound & The J/30 Class Association
Westport, Connecticut - October 1, 2, 3 & 4, 2009**

1. RULES

- 1.1 The regatta will be governed by the rules as defined in The Racing Rules of Sailing.
- 1.2 Boats shall be equipped with a VHF radio capable of transmitting and receiving on channel 78.
- 1.3 J/30 Class Rule 5.14.1 (Sailing Weight), requiring hull draft marks is waived; sailing weight may be determined by measurement.
- 1.4 In addition to meeting the crew weight limit, boats must sail with the same number of crew in each race. Only crew substitutions declared at registration by name and sailing date will be permitted. Exception may be made in case of illness, accident or other special circumstance upon written approval of the Protest Committee.
- 1.5 Boats shall not be hauled out during the regatta except with and according to the terms of prior written permission of the Protest Committee.
- 1.6 In accordance with ISAF Regulation 20, no advertising is permitted.

2. NOTICES TO COMPETITORS

Notices to competitors will be posted on the Official Notice Board located on the south wall of the CPYC clubhouse.

3. RADIO COMMUNICATIONS

- 3.1 Race committee broadcasts and hails will be made over VHF channel 78.
- 3.2 Race committee broadcasts concerning its intention, the course to be sailed, starting times, course changes, recalls, etc. are a courtesy only. Failure of the race committee to make a broadcast, the timing of a broadcast, or the failure of a boat to hear a broadcast will not be considered an improper action or omission under rule 62.1(a).
- 3.3 Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

4. CHANGES TO SAILING INSTRUCTIONS

- 4.1 Any changes to the sailing instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 1900 on the day before it will take effect.
- 4.2 Any posted changes will be announced by radio at 0930, and repeated as necessary.

5. SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be displayed from the CPYC flagpole.
- 5.2 When flag AP is displayed ashore, '1 minute' is replaced with '60 minutes'.

6. SCHEDULE OF RACES

- 6.1 A harbor start courtesy signal will be made at 0930, and the first race signal will be made at 1030 each race day.
- 6.2 No initial warning signal will be made after 1500 on Sunday.

7. CLASS FLAG

The class flag will be a J/30 Class flag.

8. RACING AREA

The racing area will be approximately 2 to 4 miles southeast of the mouth of the Saugatuck River. See Attachment A.

9. THE COURSES

- 9.1 The course for each race will be windward-leeward, with a windward offset and a leeward gate, with a specified number of legs.
- 9.2 All marks shall be left to port, except a gate or a downwind finishing mark. If one of the gate marks is missing, the remaining mark shall be left to port.
- 9.3 The number of legs to be sailed (not counting the offset legs) and the approximate magnetic bearing and distance in nautical miles to the first mark will be displayed from the race committee signal boat prior to the warning signal for each race. The race committee will also broadcast the course.



Cedar Point Yacht Club

Sailboat Racing at its Best



9.4 Course example:

2	
7	270 magnetic from starting line to first mark
0	
2.0	Two miles from starting line to first mark
4	Four legs

9.5 Course diagrams - see Attachment B.

10. MARKS

- 10.1 The starting mark will be a green tetrahedron.
- 10.2 Marks 1, 2S and 2P will be large orange tetrahedrons.
- 10.3 Marks 1A and F will be smaller orange balls.
- 10.4 New marks, as provided in instruction 13, will be large yellow inflatables.
- 10.5 An inflatable mark attached to the stern of the race committee signal boat shall be considered a part of the boat, and not a temporary attachment under the definition of mark.

11. THE START

- 11.1 The starting line will be between a staff displaying an orange flag on the race committee signal boat at the starboard end and the course side of the port-end starting mark.
- 11.2 A series of short sound signals will be made shortly before the initial warning signal for each race.
- 11.3 A boat shall not start a race later than 10 minutes after its starting signal.

12. RECALLS

- 12.1 When an individual recall is signaled, the race committee will attempt to hail the last three digits of sail numbers of the boats that are OCS. See also instruction 3.2.
- 12.2 When a starting penalty of rule 30 is in effect, the race committee will attempt to hail the last three digits of sail numbers of the boats that are OCS during the minute before the start.
- 12.3 Recall flags will be displayed from race committee boats at both ends of the starting line.

13. CHANGE OF THE NEXT LEG OF THE COURSE

- 13.1 To change the next leg of the course, the race committee will lay a new mark (or gate, or move the finishing line) and remove the original mark as soon as practicable.
- 13.2 When in a subsequent change a new mark is replaced, it will be replaced by an original mark.
- 13.3 If the gate is moved, only one of the gate marks will be a new mark.

14. THE FINISH

- 14.1 The finishing line will be between a staff displaying an orange flag on a race committee boat and the course side of the finishing mark.
- 14.2 For a course with an even number of legs (downwind finish) the finishing mark shall be left to starboard.

- 14.3 If the race committee intends to start another race on the same day, it will display flag Second Substitute (with no sound) from the finish boat while boats are finishing.

15. TIME LIMIT

The time limit for the first boat to sail the course and finish is two hours.

16. PENALTY SYSTEM

When taking a penalty under rule 44.1, a boat may comply with either rule 44.2 or 44.3.

17. PROTESTS AND REQUESTS FOR REDRESS

- 17.1 Protest forms will be available at the race office, located on the ground floor of the clubhouse. Protests shall be delivered there within 60 minutes after the race committee signal boat docks. The docking time will be posted on the notice board.
- 17.2 Notices will be posted within 15 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Protests will be heard in the race office as soon as practicable.
- 17.3 Breaches of instruction 19 will not be grounds for protest by a boat. This changes rule 60.1(a). Penalties for these breaches may be less than disqualification if the protest committee so decides.

18. SCORING

- 18.1 Three races are required to be completed to constitute a championship series. Seven races are scheduled.
- 18.2 When fewer than five races have been completed, a boat's score will be the total of her race scores.

19. SAFETY

- 19.1 Prior to the warning signal for the first race of each day in which it intends to compete, each boat shall sail by the race committee signal boat and check in by hailing its sail number until acknowledged by the race committee.
- 19.2 A boat retiring from a race or leaving the racing area early shall promptly notify the race committee either by hail, on VHF, or by telephone to the CPYC Club Manager at (203) 226-7411.
- 19.3 When proceeding to or from the racing area, boats should not pass between Cockenoe Island and green buoy "G1" marking George's Rock. See Attachment A.



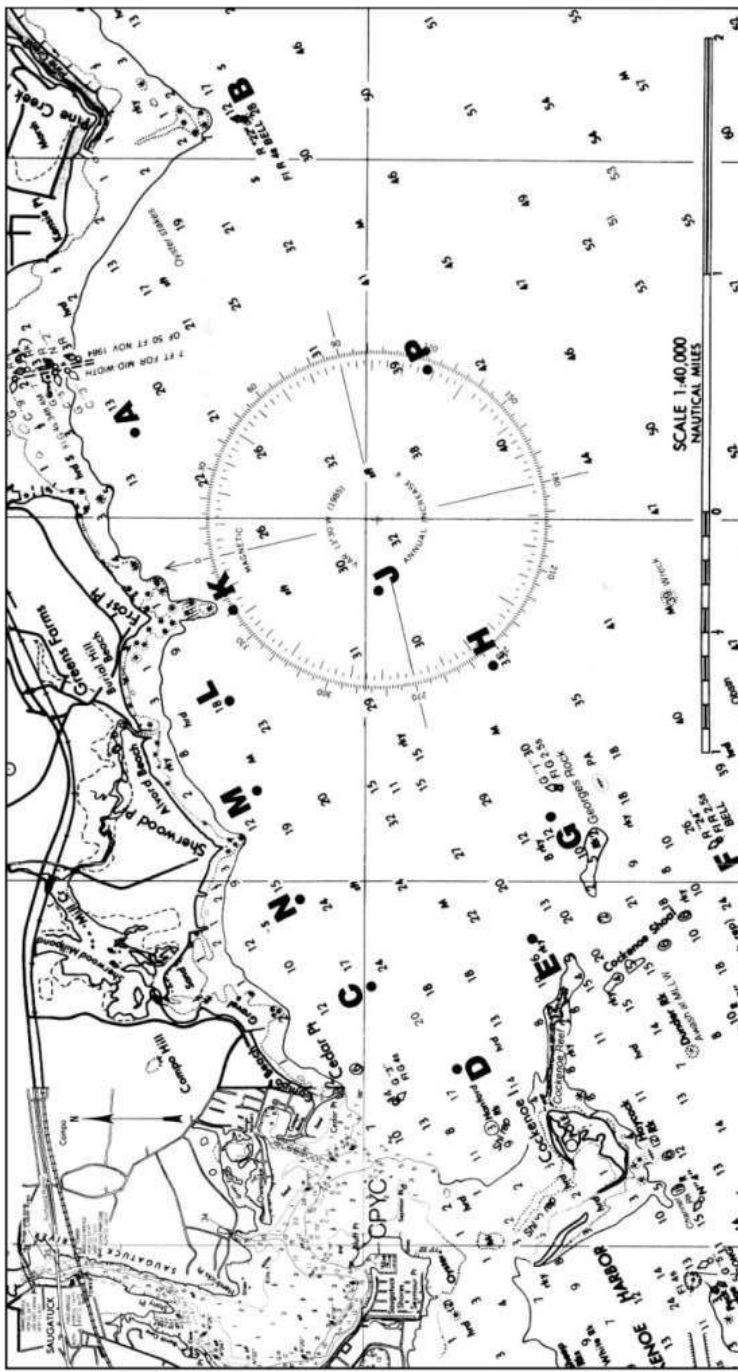
ATTACHMENT A

Racing Area

The course area will generally be centered about 0.5 mile south of marks H and P, bearing approximately 120 from “G3” at the entrance to the Saugatuck River.

Mark G is nearby to can “G1” which marks a rock and shoal.

High tide – Friday: 1026 Saturday: 1103 Sunday: 1140



ATTACHMENT B

Course Diagrams

Courses 4 and 5 illustrated – courses 3 and 6 are also possible.

